

Home Visiting

Volunteer Role Description



Role: Home Visiting Volunteer

Location: 1to1 support in family's homes (Suffolk)

Commitment: Volunteer hours are flexible and negotiable. A commitment of a 2.5 hours, home visiting x1 family per week is preferred.

About Us:

At Families Together Suffolk (FTS) we believe that children and families deserve the best start in life, to have choices and chances to live the best lives they can. We offer support through home visiting volunteers, family groups and workshops and we aim to help families through the barriers that they may face. Our services and projects are dedicated to making a positive difference to the lives of children, families and community.

Purpose of the Role:

As a home visiting volunteer, you will be sharing ideas and knowledge from your own child caring experiences with families in their own homes. This 1to1 support really helps parents feel more confident in themselves and helps to improve family lives.

Main Activities/Tasks (Volunteers can indicate their preferred activities)

- Your role will be at the heart of the family support offered can vary, such as:
- Emotional support to help parents find ways to manage, listening and guiding.
- Support with children including playing, listening, having fun, establishing routines and encouraging development
- Practical support accessing the outdoors, helping with budgeting, meal planning, strategies for managing the household i.e. organizing, or taking to appointments.
- Reporting all family support sessions to a FTS coordinator.

What we offer volunteers

- Full training and ongoing support.
- 1to1 support from an FTS coordinator.
- An opportunity to develop new skills and meet new people.
- The chance to make a meaningful difference in your community.

Additional information

- We ask all potential volunteers to complete an application form and all necessary forms and training. Training for this role takes place one day a week for 5 weeks.

How to apply

- All Home Visiting volunteer applications are made via the following Microsoft form:
<https://forms.office.com/e/Fpva5mUXMC>

If you have any questions about volunteering opportunities with Families Together Suffolk or need some help with your application, please get in touch with Andy on 07936 913929 or email via andy@famielstogethersuffolk.org.uk